

## Facelift Surgery

When people talk about cosmetic surgery, the facelift is often mentioned. A facelift is a complicated process that will change your facial appearance, giving you new definition or even a new look. If you are contemplating getting a facelift, then there are several aspects of the procedure that deserve careful consideration. Being educated about all parts of a facelift will help you determine if it is a procedure with which you will be happy.

Most surgeons consider the facelift to be one of the most complicated types of cosmetic surgery. Prior to getting a facelift, you should verify that your chosen surgeon has an adequate amount of experience and can offer you the best procedures both during the surgery and during the recovery process. This will help to make sure that the cosmetic surgery is performed appropriately.

When considering the facelift procedure, it is vital to consider the different areas on which you will have work done. The first aspect that will disappear with age is the distance line made by the lower jaw. You may also notice the formation of a double chin or pads under the chin area, indicating that the skin is starting to sag. You may also have wrinkles around the nose and lips, making you appear to be frowning. The dropping of facial skin is the primary reason most patients consider a facelift.

A facelift is a cosmetic procedure in which the wrinkles over the entire facial area are lifted. There are two types of facelifts that are primarily considered by most people. The first variety is the classic lift. The classic lift focuses on tightening the skin across every area of the face. The second variety of facelift is known as a deep lift. The deep lift will not only tighten the skin, but also the facial muscles. Both of these types of lifts are used if your goal is to remove excess skin, wrinkles, or fat deposits in the eye area.

Full recovery from a facelift typically takes about three weeks. Excess skin and fat found in the chin, lip, nose, and cheek areas will be removed first. The entire facial area will then be stitched together to create a more youthful look. You should expect that gauze or wrap will be kept around your face for a short period of time in order to ensure proper initial healing. Generally, you should expect a hospital stay of at least one or two days following the procedure while your doctor makes sure that everything is functioning properly.

After undergoing a facelift, a patient can expect a more youthful look. If you are concerned that skin in your face is beginning to sag, and you are noticing more skin or fat in certain areas, you might want to consider a facelift to remedy these concerns. Before committing to this particular procedure, you will want to verify your surgeon's qualifications, what the surgery will include and how it will affect you. This will help you in make the right decision with regard to cosmetic surgery.